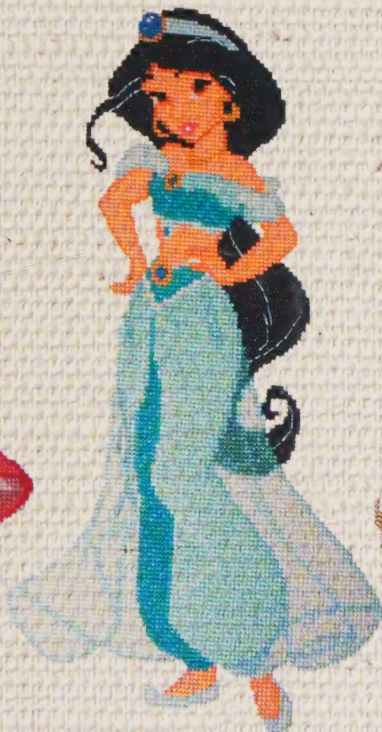


# Disney PRINCESS

## Cross-Stitch

22 Easy-to-Follow Patterns Featuring  
Ariel, Belle, Jasmine, Mulan,  
and More!





# Disney PRINCESS Cross-Stitch

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**T**HE DISNEY PRINCESSES are among the most beloved and influential characters of all time. Their unique stories, backgrounds, and challenges have inspired girls for generations and continue to empower and delight fans of all ages. Now, you can celebrate the princesses with this charming book, which features two cross-stitch patterns (based on a beautiful character image and an inspiring quote) for each of these treasured ladies:

Ariel (*The Little Mermaid*)

Aurora (*Sleeping Beauty*)

Belle (*Beauty and the Beast*)

Cinderella (*Cinderella*)

Jasmine (*Aladdin*)

Merida (*Brave*)

Mulan (*Mulan*)

Pocahontas (*Pocahontas*)

Rapunzel (*Tangled*)

Snow White (*Snow White and the Seven Dwarfs*)

Tiana (*The Princess and the Frog*)

(continued on back flap)

# Disney PRINCESS Cross-Stitch

22 Easy-to-Follow Patterns Featuring  
Ariel, Belle, Jasmine, Mulan,  
and More!

Patterns by Natali Rudenko



RUNNING PRESS  
PHILADELPHIA

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# Introduction



**DISNEY PRINCESSES** are some of the most beloved and influential characters of all time. For decades they have enchanted and delighted children and adults alike. The first princess was debuted in 1937 in Disney's very first animated feature-length film, *Snow White and the Seven Dwarfs*. Ever since, Disney has represented princesses in all kinds of ways throughout their animated movies.

Ariel (*The Little Mermaid*), Aurora (*Sleeping Beauty*), Belle (*Beauty and the Beast*), Cinderella (*Cinderella*), Jasmine (*Aladdin*), Merida (*Brave*), Mulan (*Mulan*), Pocahontas (*Pocahontas*), Rapunzel (*Tangled*), Snow White (*Snow White and the Seven Dwarfs*), and Tiana (*The Princess and the Frog*) have inspired girls for generations and continue to empower fans of all ages. Each princess is a genuine character who faces relatable struggles such as fitting in, standing up for what is right, and overcoming obstacles.

However, these dynamic leading ladies have continually found ways to take control of their situations. Disney Princesses have never limited themselves to any one characteristic, but one defining trait is that each princess fights to stay hopeful about her future. An uncompromising pursuit of the happiness they deserve keeps the princesses on the right paths.

The princesses are also celebrated for their long-lasting friendships. Most of the friends featured in their stories are animals that come from all walks of life. From Ariel's best friend, Flounder, and Cinderella's mice companions to Pocahontas's raccoon and hummingbird sidekicks and Rapunzel's expressive chameleon, the princesses' loyal friends help them on the path to achieving their dreams. In return, the princesses show kindness and devotion to the ones who have stood by them from the very beginning. Disney Princesses have always represented what it truly means to be the friend you can trust.

While some may try to reduce princesses to damsels in distress, the Disney Princesses have proven they are anything but. The princesses are courageous and resilient, strong leaders, and determined to achieve the dreams they choose. Because of their brave and adventurous spirits, they are able to dis-

cover their own greatness and take on the world with their heads held high.

As young fans grow into parents and grandparents, the Disney Princesses and their iconic stories will continue to inspire, entertain, and provide joy to families everywhere. With so many images and quotes from which to draw inspiration, the Disney Princesses are the perfect subjects for cross-stitch—a simple, fun, enchanting craft that any princess can do!





# Cross-Stitch Basics



**CROSS-STITCH** is a fun, simple, rewarding activity that requires little crafting experience or in-depth skill. It's easy to pick up and requires just a bit of basic knowledge and preparation. By definition, cross-stitch is a type of embroidery, one in which you'll use a relatively blunt needle—called a tapestry needle—to sew x-shaped stitches onto your fabric surface, creating a picture or phrase. In our case, we'll be cross-stitching patterns that bring our favorite Disney Princesses off the screen and give each a new life as a beautiful handmade item you can display or gift. Like other kinds of embroidery, cross-stitch can be done on a wide variety of fabrics, including clothes and linens. In this book, though, we'll be assuming you're working with a particular type of fabric, called Aida cloth, which is designed specifically for cross-stitch.

## Supplies and Tools

One of the best things about cross-stitch is how easy it is to get started—you only need a few supplies and tools to get stitching, and all are readily available at your local craft store or online. With cross-stitch fabric, tapestry needles, embroidery floss, a hoop, and some sharp scissors, you'll be whipping up magical princess designs in no time.

### Fabric

Aida cloth is the ideal fabric for cross-stitch, especially if you're a beginner. This fabric is woven with tiny squares built into it that serve as a guide for where each of your stitches should

go. When you're shopping for Aida, you'll notice it comes in different varieties of what's called a "count," which refers to the number of squares per inch of fabric. For all of the patterns in this book, you'll want to use 16-count material.

### Needles and Thread

As with any type of embroidery project, you'll need a needle to pull your thread through the fabric. A tapestry needle is the best choice for cross-stitching, as the relatively dull point on these needles will glide through your Aida cloth without snagging or tearing it. Look for size 24 needles when you're gathering your supplies, and consider buying a few extras (it never hurts



to have additional needles on hand in case you misplace one).

Thread is the most important part of your cross-stitch arsenal since it's what your finished design is made of. It's also the most fun, thanks to the variety of exciting colors to choose from! All of the patterns in this book use embroidery floss, which is a type of six-strand thread that is especially well suited to cross-stitch. (Note: You'll only want to use two of those six strands for the bulk of the stitches in the designs to come; more on that later.) Each of the patterns will reference specific thread colors, noted by a DMC number in the key. You can, of course, feel free to use a different brand, but DMC is the most common brand of floss and offers a wide variety of shades.

## Hoop

When you're working on a cross-stitch project, the easiest way to keep your fabric nice and taut—and therefore easier to work with—is to use an embroidery hoop. These hoops can be made of wood or plastic, and they come in a wide variety of sizes. Pick the size that works best for you, but know that most patterns in this book will need a 12-inch hoop. Your hoop can be removed once you're done with your project, or you can finish your design right on the hoop and display your finished piece in the round “frame.”

## Scissors

A pair of small, sharp scissors will definitely come in handy as you're cross-stitching. A pair of regular scissors will do in a pinch, but an extra-sharp pair specifically for thread will be best for removing any stitches or getting into small areas.

## Instructions

Now that you have your supplies, you're almost ready to get stitching! First, though, let's go over the steps and variations to the stitching method itself. Cross-stitch is a very straightforward style of embroidery, since it's based around a single basic stitch that you repeat throughout the pattern. And using Aida cloth makes the process even simpler—the squares that comprise the cloth correspond with the squares in your design, leaving little guesswork on your part.

Each of your stitches will be made up of two short strokes called a “top stitch” and a “bottom stitch.” These stitches will cross diagonally, to create an *x* that fills the cloth square. In the patterns, you'll see these stitches noted by a solid square (with a DMC thread color in the key that corresponds to the thread you should be using). You'll also occasionally see lines crossing on top of the patterns; these are called backstitches and satin stitches, which fall outside of the square grid pattern of the cloth and allow you to add some details to your patterns.

Before you begin stitching your princess-inspired masterpiece, you'll need to get your fabric ready. To make sure you have enough room, first plan out your design on a piece of cloth that can accommodate your pattern and a small border on all sides. It's always better to have too much fabric—which you can trim away later—than too little.

The last step is to thread your needle. Find the color that corresponds to the stitches that are in the center of your pattern (more on that in a moment), and cut a piece of thread that is roughly 18 inches long. You'll then want to separate your piece of floss into strands. Each piece of embroidery floss is made up of six distinct strands, though you will only want to use two at a time when you're stitching. It's very important to only use two strands; using more will cause

your finished product to be lumpy, without the sharp edges you want between colors.

## Stitching

First, find the center of your fabric—you don't need to be super precise, but try to get as close to the center as possible. This is where you'll want to begin stitching.

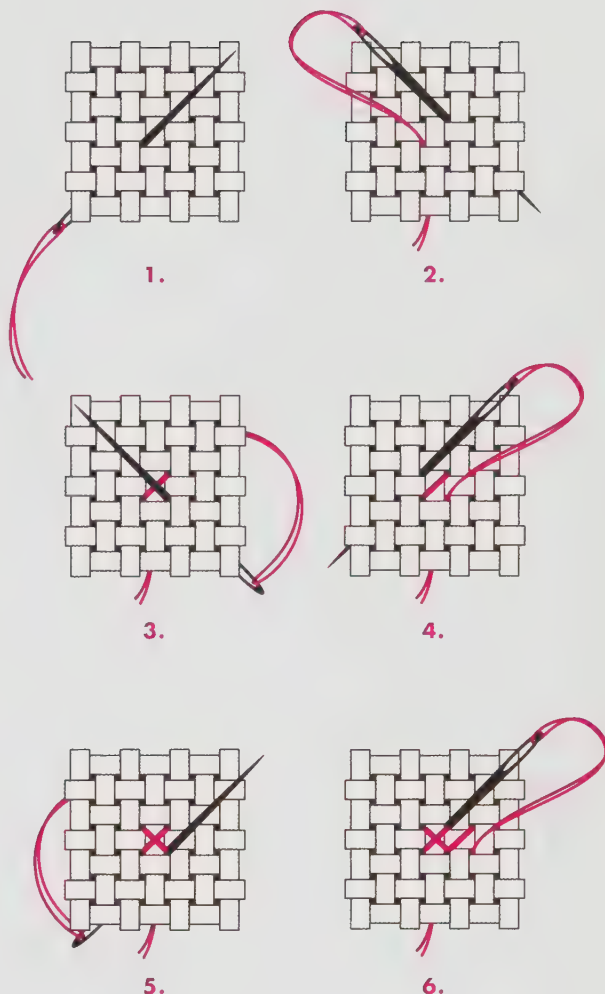
Your stitches will move from the center of the pattern outward. The patterns in this book use a method called “counted cross-stitch,” meaning that you will base your stitches off of a pattern rather than a design printed on the fabric. With this type of pattern, you'll count the number of stitches in the color you're using and then make those stitches on your fabric.





## Making Single Cross-Stitches

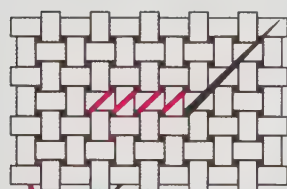
1. To start, you'll want to pull your thread up through the small hole at the **bottom left** corner of your starting square, being sure to leave a 1-inch "tail" of floss on the underside of the fabric. Hold on to that tail as you make your next few stitches. The back side of your stitches should cover the tail, keeping it in place without using a lumpy knot to secure it.
2. Pull the rest of your thread up through the fabric and then sew through the **top right** corner of the same square, creating a diagonal stitch. Pull your thread through to the back of the fabric, taking care not to sew it too tightly—your goal should be a smooth surface, without any puckering from the floss. This is the first half of your stitch.
3. To create the second half of your stitch, sew up from the back of the fabric—through the **bottom right** corner of the square—to the front.
4. Pull your thread relatively taut, and then cross the square diagonally, sewing down through the **top left** hole. This will create the X shape of your cross-stitch.
5. Continue by making a stitch in the **bottom left** corner of the square next to your completed stitch. This square borders your first stitch, and it shares two holes with it.
6. It's best to repeat the same order and direction of your stitches—starting from the bottom left to the top right, and then the bottom right to the top left—to keep your finished piece nice and even.



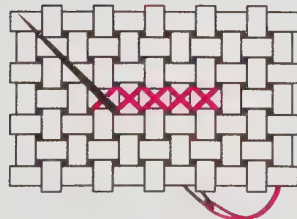
## Making Multiple Cross-Stitches

Most of the time, you'll be creating rows of stitches in the same color, not just one isolated stitch. When you're looking to produce big blocks of color, you can use a handy shortcut to create horizontal rows.

1. Begin the same way you would for a single stitch—pull your needle up through the **bottom left** corner of your first square, and stitch across to the **top right** corner. Instead of finishing off that stitch, begin another half-stitch in the next square, again moving from the **bottom left** corner to the **top right**. Repeat this method until you've gone the full width of the section you're working on.
2. Complete each of the half-stitches you just created by moving in the opposite direction,



1.



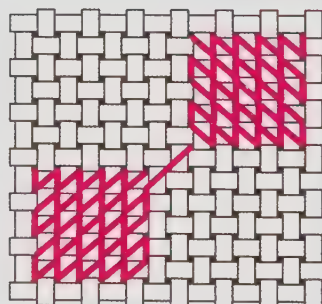
2.

stitching from the **bottom right** corner to the **top left** corner of each square. Once you complete the row you're working on, move up to the next row and repeat the method until your color block is completed.

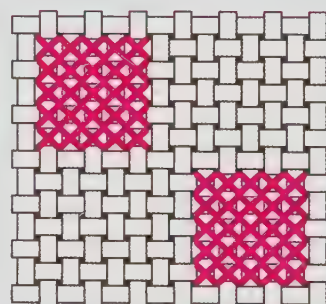
3. When your thread becomes too short to work with easily, simply slip your needle—on the back side of the fabric—under a few stitches (three or four should be fine), pull the floss through, and cut the thread. You'll want to avoid knotting your thread because it will create bumps that will be visible in your finished piece.

## Carrying Thread

Most of the time, you'll want to finish a particular color, using the method above, before mov-



BACK



FRONT



ing on to a new section. Occasionally, though, you'll want to continue to another section of the same color that is quite close to the one you've just completed. This is called "carrying" the floss, and as long as the sections are no more than four squares apart, it works just fine. Any distance greater than that, and you'll be able to see the floss through the front side of your fabric (especially if you're working on white Aida cloth).

## Backstitch

Backstitching is a great way to add detail to your patterns—it allows you to work outside of the grid pattern to add fine, delicate elements to your design. In this book, we'll mainly be using backstitching to complete the princesses' facial features.

For backstitching, you do not need to go through the pre-set holes in the Aida cloth. In fact, it's more important to be precise with your lines in order to create the details you want in the finished piece. It's a bit more like traditional sewing and embroidery than cross-stitch. You may want to use an embroidery needle for these stitches, because tapestry needles may be too dull for the precision you're after.

To start the backstitch, thread your needle with **one** strand of thread (instead of the two strands you'll use for cross-stitches), and make two knots at the end of your floss, right on top of

each other, leaving a ½-inch "tail" of floss at the end. Then, find the area where you want your detail line to begin, and, just before that point, push your needle up through the back of the fabric (we'll call this point 1). Your needle should now be on the front side of your fabric. Insert the needle back into the fabric at the spot where you want your line to appear (point 2). This is your first stitch. To make your next stitch, push your needle up through the back once more, just a bit beyond point 1 (point 3). To complete this stitch, come back down through the fabric at your starting point (point 1) to close the gap. If you continue with this stitching, you'll keep pushing your needle up through the back of the fabric, a small distance away from the end of your line, and up through the front again to close the line.

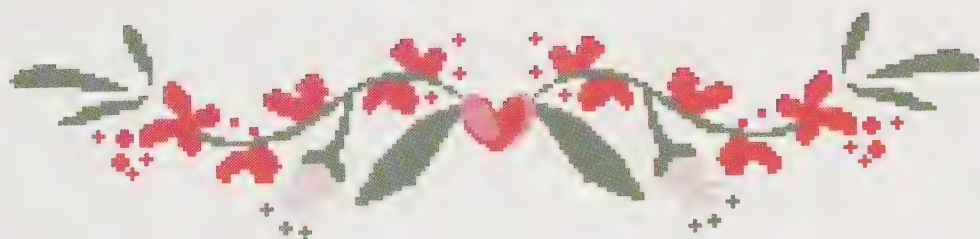
Let's get stitching!







# The Patterns







# Ariel



to turn down an adventure, Ariel always swims where the current takes her—especially if that current has anything to do with the human world above her. With her signature red hair and sea-green fins, Ariel's fascination with humans and determination to discover every part of their world makes her the free-spirited princess we all know and love.

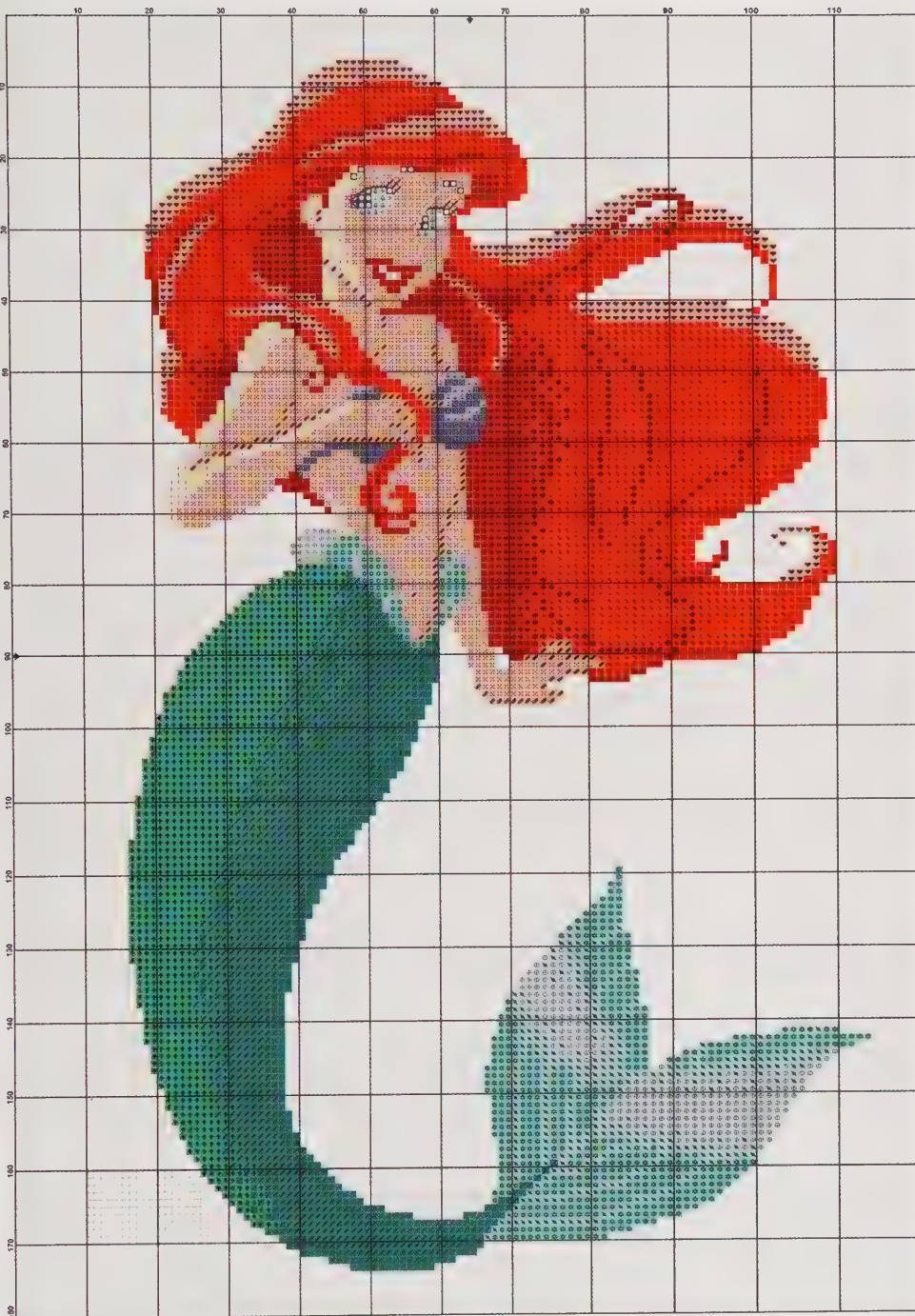
Ariel keeps an impressive collection of treasures that she and her best friend, Flounder, gather from sunken shipwrecks. But these prized possessions still aren't enough to satisfy Ariel's interest in the human world. Making regular visits to the ocean's surface against her father, King Triton's, wishes, she and Flounder gather the latest scoop about human life from their daffy seagull friend, Scuttle.

Like her six older sisters, Ariel has a beautiful singing voice, but she would much rather be exploring the day away than singing in the family choir. When Ariel discovers Prince Eric above the surface, she is immediately captivated and wants to know everything about him. Ariel accepts the wicked, jealous Ursula's offer to trade her fins for a pair of legs so that Ariel can become a human for three days. The catch? Ariel must also give up her voice.

Despite Ariel's inability to speak, she and Eric develop a meaningful relationship. However, Ariel almost loses Eric when Ursula does everything in her power to prevent her from marrying him. Ursula wants nothing more than to rule King Triton's kingdom.

Ariel's courage to fight for what she truly wants ends up winning over her father, who ultimately wants to see his daughter happy. With the help of Prince Eric and her friends, King Triton defeats Ursula and restores peace to the kingdom. And Ariel's dreams of being human and spending the rest of her life with her one and only love finally come true.





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**“UNDER THE SEA”** is the upbeat song in *The Little Mermaid* sung by Sebastian the crustacean. Sebastian is the court’s composer and one of King Triton’s most trusted advisers. He doesn’t see the appeal of the human world like Ariel does and can’t understand why she would rather be up by the surface than down under the sea, where (he thinks) things are much better. Sebastian reminds Ariel that the ocean is where the fish are free and happy, not stuck in a bowl or ready to be cooked for dinner. But as compelling as Sebastian’s argument is, Ariel still has her sights set on the surface. Sebastian eventually comes around, though. His soft spot for Ariel means he does everything he can to help Eric fall in love with Ariel when she is human.





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# Aurora



a princess who carries herself with kindness, grace, and optimism. But she has not grown up into royalty as her father and mother, King Stefan and the Queen, planned. Baby Aurora is threatened at her christening by the evil fairy Maleficent, who curses her to die on her sixteenth birthday by the prick of the spindle on a spinning wheel. To protect her, King Stefan quickly sends Aurora to the forest to be raised by three good fairies: Flora, Fauna, and Merryweather.

The three fairies bestow Aurora with three gifts: beauty, music, and a lighter consequence to pricking her finger on the spindle. Instead of dying, Aurora falls into an eternal slumber that can be broken only by true love's kiss.

Always one to see the best in any situation, Aurora finds happiness with her simple life in the forest by singing and dancing with her animal friends. Aurora's companionship with the fairies gives her the kind and loving household she missed out on in the castle. Even though Aurora doesn't realize she is of royal heritage, she naturally treats everyone around her with compassion and respect.

Forbidden to talk to strangers, Aurora momentarily breaks her promise with the fairies and meets and dances with a man she comes across in a chance encounter in the woods. (She doesn't find out his name, but the man she meets is Prince Phillip.) She and the man fall in love, and on the same day, Flora, Fauna, and Merryweather reveal to Aurora that she is a princess and betrothed to a prince. Neither the fairies nor Aurora are aware this prince and the man she met in the forest are one in the same.

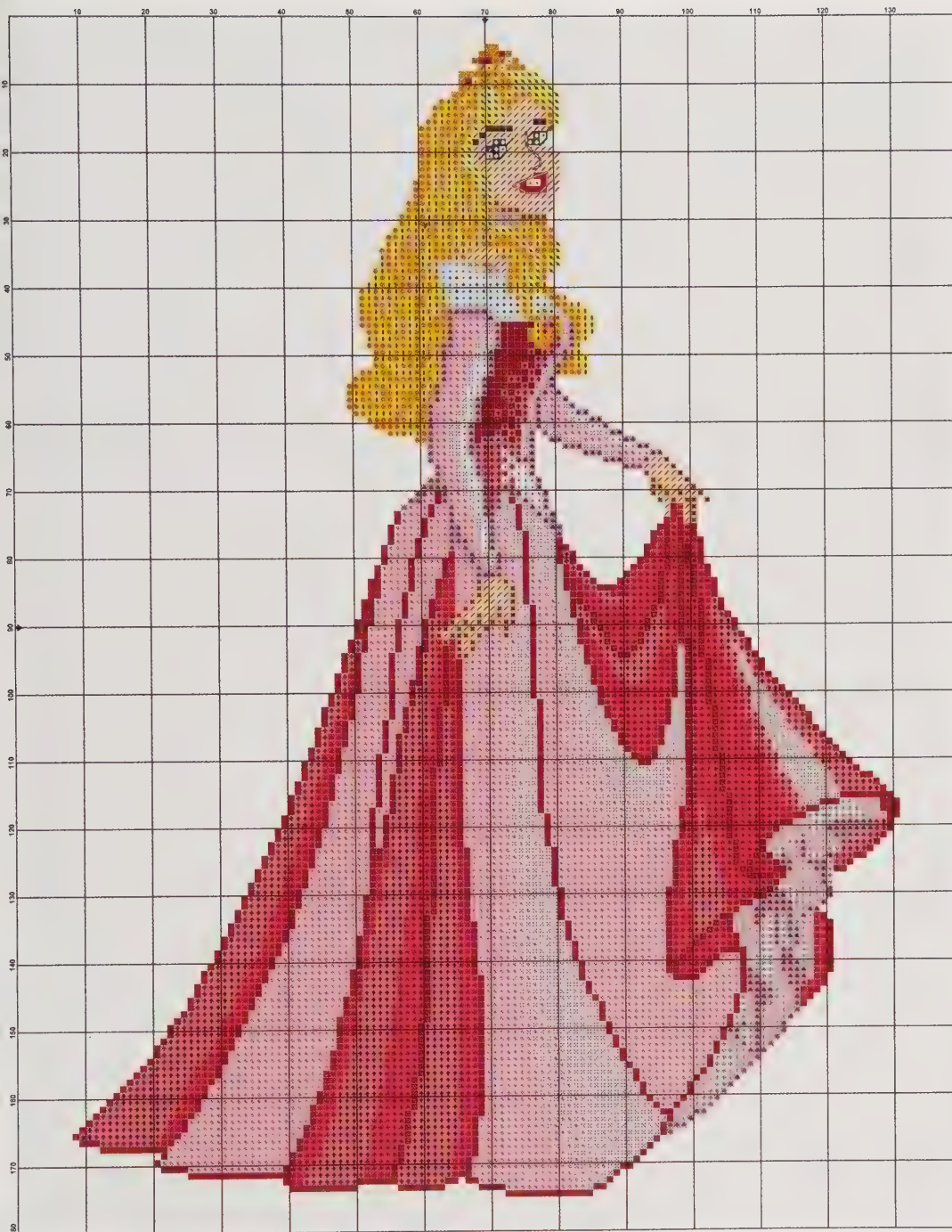
During her homecoming to the castle on her sixteenth birthday, Aurora fulfills Maleficent's prophecy and pricks her finger, thus falling into a deep sleep. With help from the three fairies and Prince Phillip, the evil Maleficent is defeated at last, and Aurora is awakened by her true love's kiss.

Aurora's heart of gold makes her the princess that everyone loves and admires. Because of her humble beginnings, Aurora isn't afraid to wonder what is possible in a world filled with exciting opportunities.









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*"LISTEN TO YOUR HEART"* As Aurora walks about the forest, she wonders why every little bird has a companion to sing to. If Aurora keeps singing, she hopes that one day someone will find her and sing along beside her. Aurora's wish comes true when Prince Phillip hears Aurora's beautiful singing voice in the forest. He follows the melody and surprises Aurora with a breathtaking harmony to her song. Aurora is at first unsure if she should sing with the stranger, but she listens to her heart and decides to join him.







# Belle



**LYING IN** a small French village, Belle doesn't quite fit in. Unlike other people in town, Belle is usually found with her nose stuck in a book, and she is fascinated and inspired by stories filled with excitement and adventure. She dreams of something bigger than life in her small town. Although the townspeople consider her odd, they still like Belle because she always greets everyone with kindness each morning.

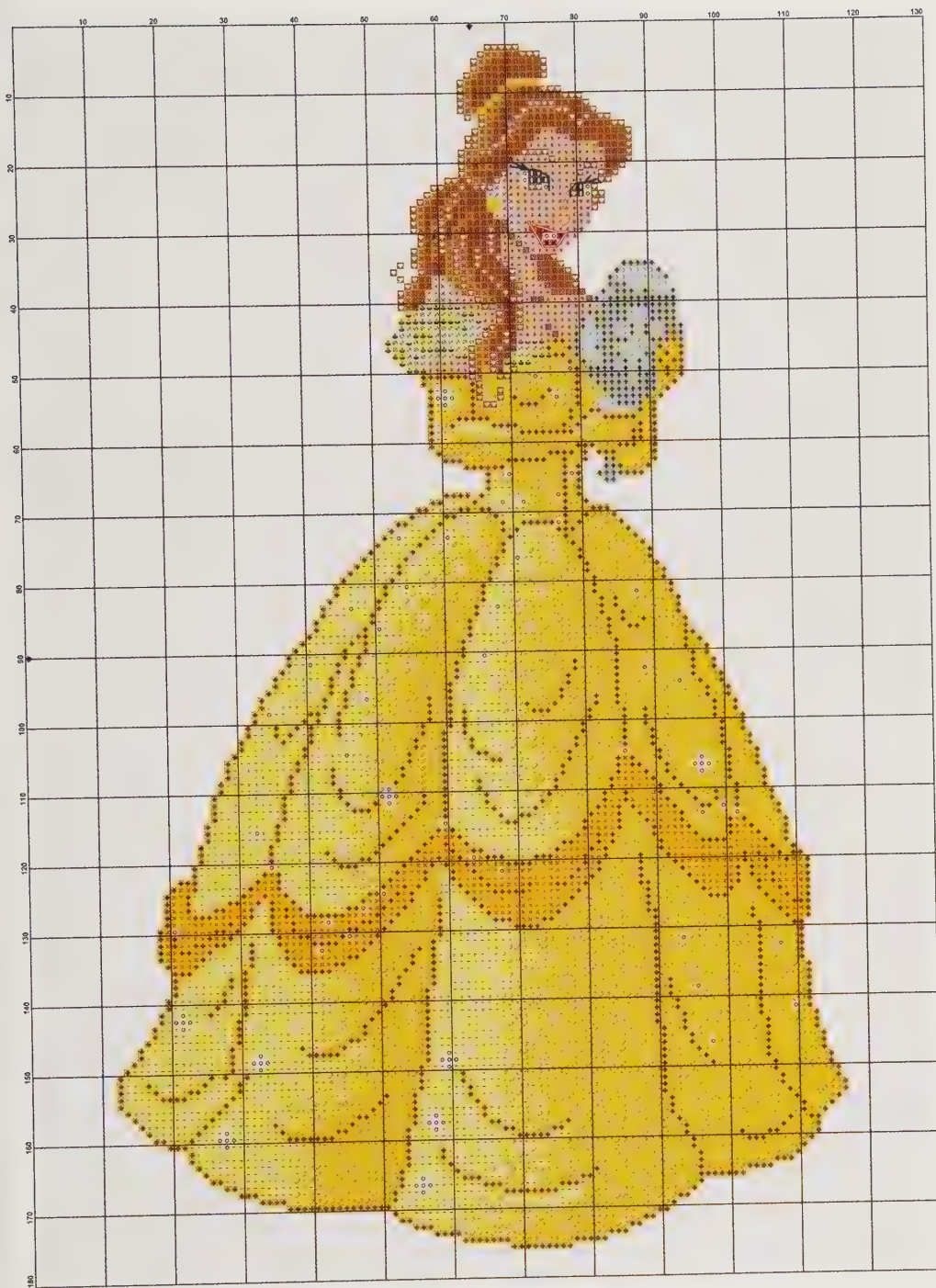
Motherless from a young age, Belle has been raised by her father, Maurice. He is an eccentric inventor whom the townspeople consider a bit kooky. But Belle is devoted to her father and will protect him no matter what. Unlike other people, Belle appreciates her father's inventions and believes in his hard work.

Despite Belle's loyalty to her father, she feels unfulfilled and wants more than a provincial life. Belle boldly turns down the boorish Gaston's marriage proposal because she is determined to be more than just a subservient housewife. Belle seems to be the only one in town who doesn't appreciate Gaston's arrogance and isn't afraid to say no to him.

In addition to Belle's intelligence, ambition, and affection, she also displays a great deal of courage. When her father loses his way in the woods, Belle sets out to find him and selflessly trades his place as prisoner in the Beast's castle. The Beast has a cold heart and bitter temper, but Belle stands up to him and demands that she be treated with respect. In time, Belle is able to warm the heart of the Beast and see the good in him.

In the end, Belle risks everything to save her father and the Beast. With the entire town casting aside Maurice and seeking to kill the Beast, Belle bravely stands up to the majority and defends her loved ones' honor. Belle's true love for the Beast saves him and turns him back into a human. The two are able to be together at last, but this time with the freedom to fulfill their own dreams.





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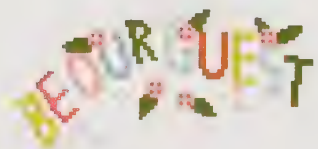
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**BE OUR GUEST** is the song Lumière sings to welcome Belle into the castle. Belle is alone and scared after being taken prisoner, but the servants greet her with open arms to help her feel at home. They offer Belle a decadent dinner, entertainment consisting of dancing plates and singing silverware, and the promise to always be treated as their special guest.

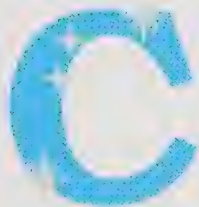
The servants have also been affected by the spell that turned the prince into a beast. Turned into a clock, candlestick, teapot, and other household items, the servants believe that Belle is the one who can lift the spell. They do everything they can to help Belle fall in love with the Beast. Their efforts to make her feel welcome in their home are the beginnings of a love story between Belle and the Beast.





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# Cinderella



**C**INDERELLA IS courageous, kind, and extremely hardworking. When her father dies and her stepmother, Lady Tremaine, takes over the household, Cinderella is forced to become a servant. Even though Lady Tremaine and her daughters, Anastasia and Drizella, are cruel to her and constantly order her around, Cinderella never stops believing in her dreams. She makes the best out of this terrible situation by singing from her heart and confiding in her trustworthy mice friends and loyal dog, Bruno. Never one to let anyone else suffer, Cinderella is extremely caring toward her animal friends and gives them food, clothes she sews herself, and shelter.

One day, Cinderella is given the opportunity to attend a palace ball being thrown to help Prince Charming meet his wife. Knowing Cinderella is competition in winning the prince's heart, Lady Tremaine, Anastasia, and Drizella make it impossible for Cinderella to go. They give Cinderella endless chores and even destroy the dress she plans to wear, which was lovingly made by the mice and birds.

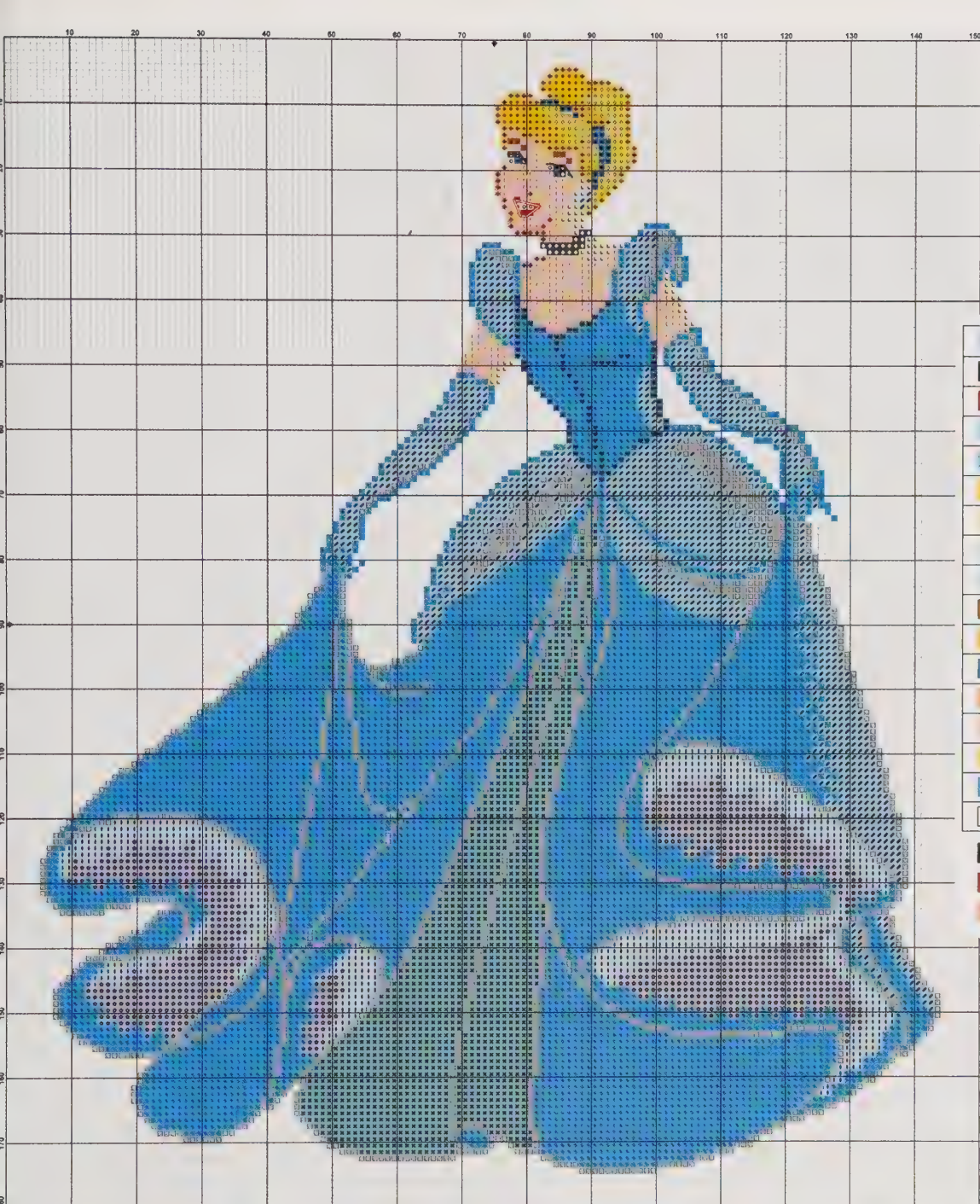
When Cinderella believes her night is ruined, her caring Fairy Godmother appears and grants Cinderella's wish to go to the ball. Cinderella's tattered dress is magically turned into an exquisite gown, her shoes are turned into glass slippers, and an ordinary pumpkin turns into a carriage to drive her to the palace. Cinderella has until midnight before this magic wears off.

Cinderella's dreams do come true when she enters the ball. She experiences a heavenly night away from her life of mistreatment and even wins over Prince Charming. As Cinderella leaves the palace in an effort to return home before the spell is broken, one of her glass slippers falls off and is left behind. Little does she know Prince Charming finds the shoe and conducts a search to find the charming, beautiful woman to whom it belongs. With the help of Cinderella's friends, that is exactly how Cinderella finally begins the life she's always dreamed of.



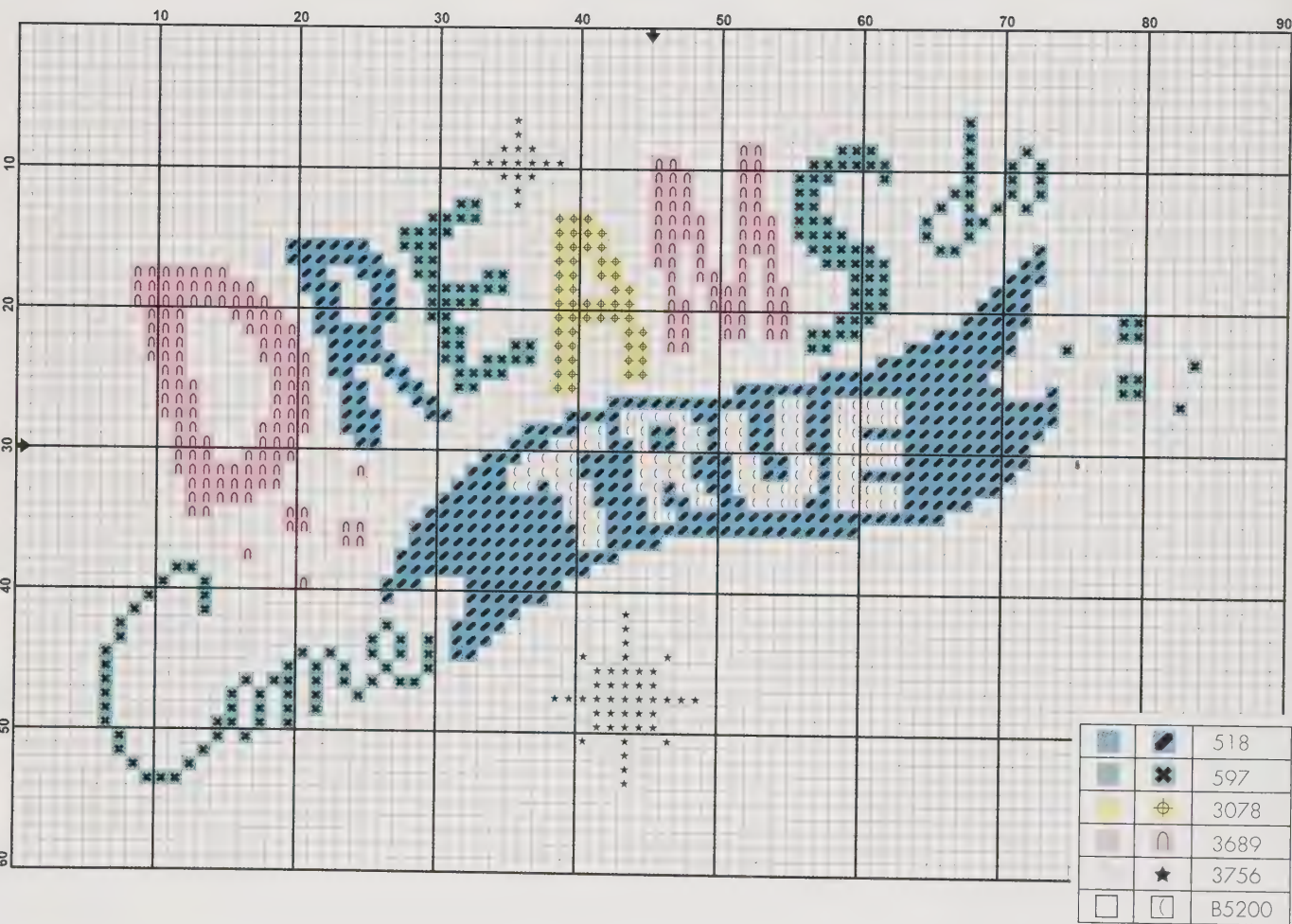






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**DREAMS DO COME TRUE** It would be easy for Cinderella to lose faith in being set free from her life of servitude, but she never gives up hope that better days are coming. Even when Cinderella's heart is hurting, she understands that believing in her dreams is what helps them become reality. Cinderella's optimism and dreams of a better life help get her through the hardest of days. And because she puts forth the best examples of kindness, hard work, and friendship, Cinderella is able to find the life she truly desires.







# Jasmine



THE DAUGHTER of a sultan and princess of Agrabah, Jasmine lives a life of luxury inside her grand palace. Although she never needs to worry about lifting a finger, Jasmine also lives a sheltered life, and her only companions are her father and pet tiger, Rajah. She wishes she can be set free from the stifling rules set by her father, especially the one that requires her to marry a prince by her next birthday. Jasmine

disagrees with the rule and thinks she should be able to marry for love.

She longs to see the world and do things on her own, but because of her status as a princess, the sultan believes she needs to be protected and contained inside the palace. Deciding she can no longer have her life lived for her, Jasmine runs away and leaves the palace for the first time in her life.

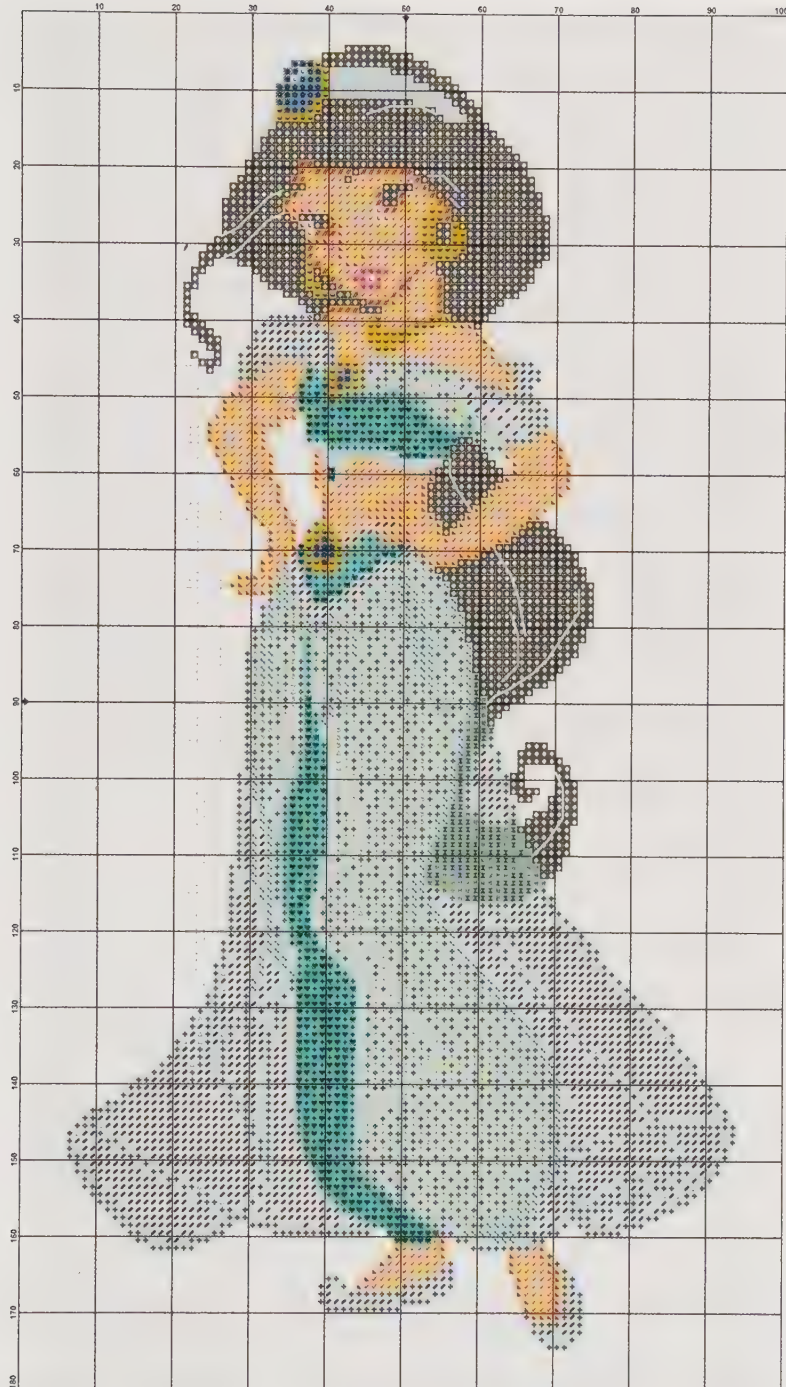
Jasmine is a kind and generous princess. When she is caught giving an apple to a child at the marketplace, Aladdin helps her flee the scene. Aladdin is labeled as a “street rat,” but Jasmine immediately sees the good in him and refuses to cast him aside like society has. She is able to open up her heart to Aladdin because they can both relate to feeling trapped.

She is also determined to be independent and is quick to learn on her feet. But she and Aladdin are discovered by the palace guards and taken to the palace. Aladdin is imprisoned and ordered to death by the sultan’s grand vizier, Jafar, but Jasmine stands up for Aladdin and convinces the sultan that the sentence is unjust.

After Aladdin escapes, he believes he can win over Jasmine by disguising himself as a prince. With help from Genie, he impressively rolls into Agrabah showing off his wealth. But Jasmine isn’t impressed by his fancy clothes and newfound status. She willfully believes that her future shouldn’t be decided by anyone else, not even a handsome, rich prince.

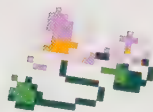
In the end, Jasmine chooses Aladdin for who he is. She shows her father that the outdated rules are unfair and should be changed. Jasmine is able to achieve the happiness she deserves and is free to decide whom she can love.



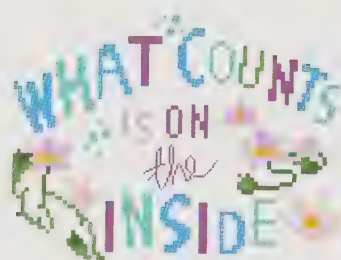


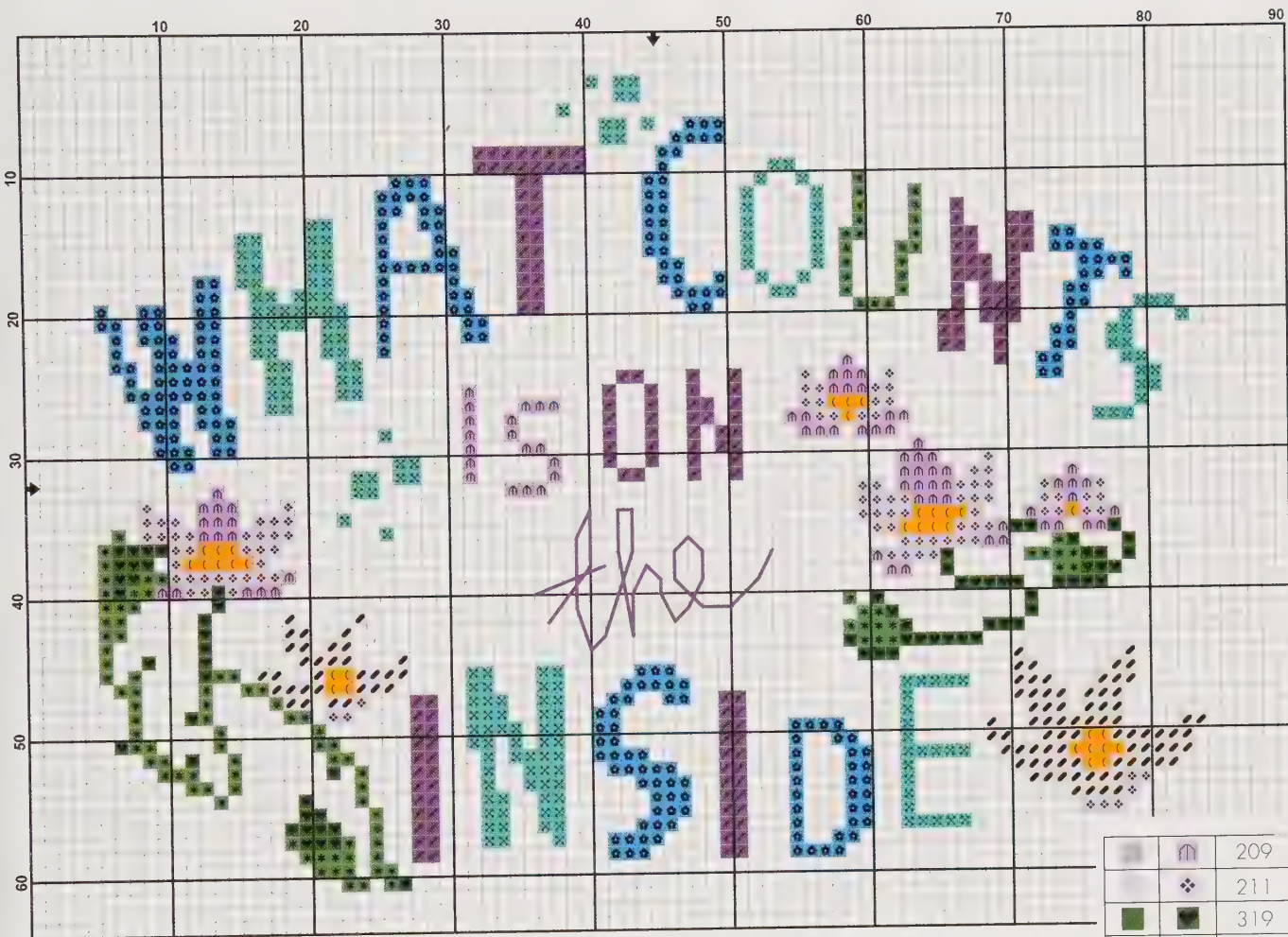
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**"WHAT COUNTS IS ON THE INSIDE"** Jasmine knows this to be true because she believes that people should not be judged by their status. She believes people need to be given a chance to show who they are on the inside. When Jasmine meets Aladdin, she can see that he is a good person despite his rough upbringing on the streets. Even when Aladdin pretends to be the prince that he believes Jasmine wants him to be, Jasmine would rather marry the Aladdin who opens his heart to others in need and fights for his friend's freedom.





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# Merida



**MERIDA IS** a fearless princess who isn't afraid to stand up for what is right. Like her unruly red hair suggests, Merida cannot be put inside a box. Much to the frustration of her mother, Queen Elinor, Merida refuses to behave like a "proper" lady who has social graces and manners. Gifted with sharp archery skills, strength, and the confidence to defend herself, Merida breaks the mold of the traditional princess.

Queen Elinor believes that the legends of their kingdom are important lessons for Merida to learn, but Merida would much rather take destiny into her own hands than listen to how she should behave. Instead of following the traditions of arranged marriage, Merida cunningly decides that the eligible princes must fight for her hand by competing in an archery tournament. Knowing she can outperform all of them, Merida proves that she is the winner of her own heart and doesn't need anyone else to decide her future.

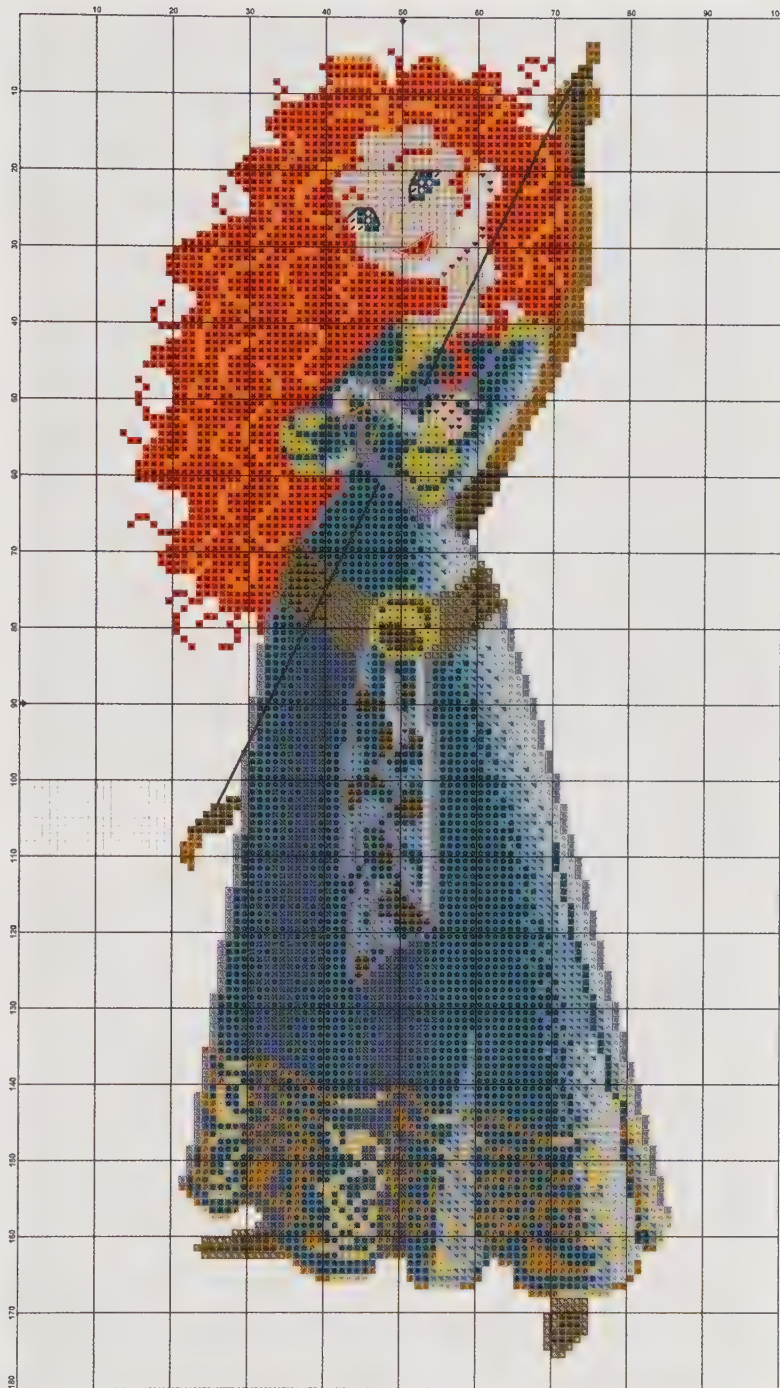
Despite her and Elinor's differences, Merida bravely defends and protects her mother when disaster strikes. Merida takes responsibility for unwittingly turning Elinor into a bear and never gives up fighting to right her wrong, even if it means guiding angry men to a peaceful solution, standing up to her father, and fighting the monstrous bear, Mor'du.

Merida is able to work with her mother to reverse the spell and in the process discovers that the queen has impressive strengths of own. Queen Elinor understands that her daughter deserves the freedom to choose her own path, and Merida learns that being a princess means more than just following the rules and practicing good manners. With the understanding that leading a kingdom requires courage, intelligence, and strength, Merida feels poised to become the fierce queen she was always meant to be.









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**"BE BRAVE"** means more than just fighting off your enemies. Merida shows that bravery means staying true to yourself and standing up for those you love no matter what. Merida also shows a great deal of bravery when she takes responsibility for her mistakes. Never intending to turn her mother into a bear, Merida courageously solves her own problems and risks everything to save her mother from turning into a bear forever.



# Mulan



**ALWAYS STRUGGLING** to fit in, Mulan has a difficult time bringing honor and good fortune to her family, at least in the ways that are expected of her. In order to become a desirable bride, she needs to present herself with grace and manners. But Mulan isn't able to pass the test because she is better suited marching to the beat of her own drum.

Despite Mulan's struggles, she is determined to bring her family honor. In a true act of courage, she joins the army to fight the Huns so that her injured father won't have to die in battle. But cutting her hair and disguising herself as a man only allows her to play half the part. In order to fully pull off the act, she puts herself through rigorous training and eventually proves that by relying on her cleverness and strength, she can keep up with the men.

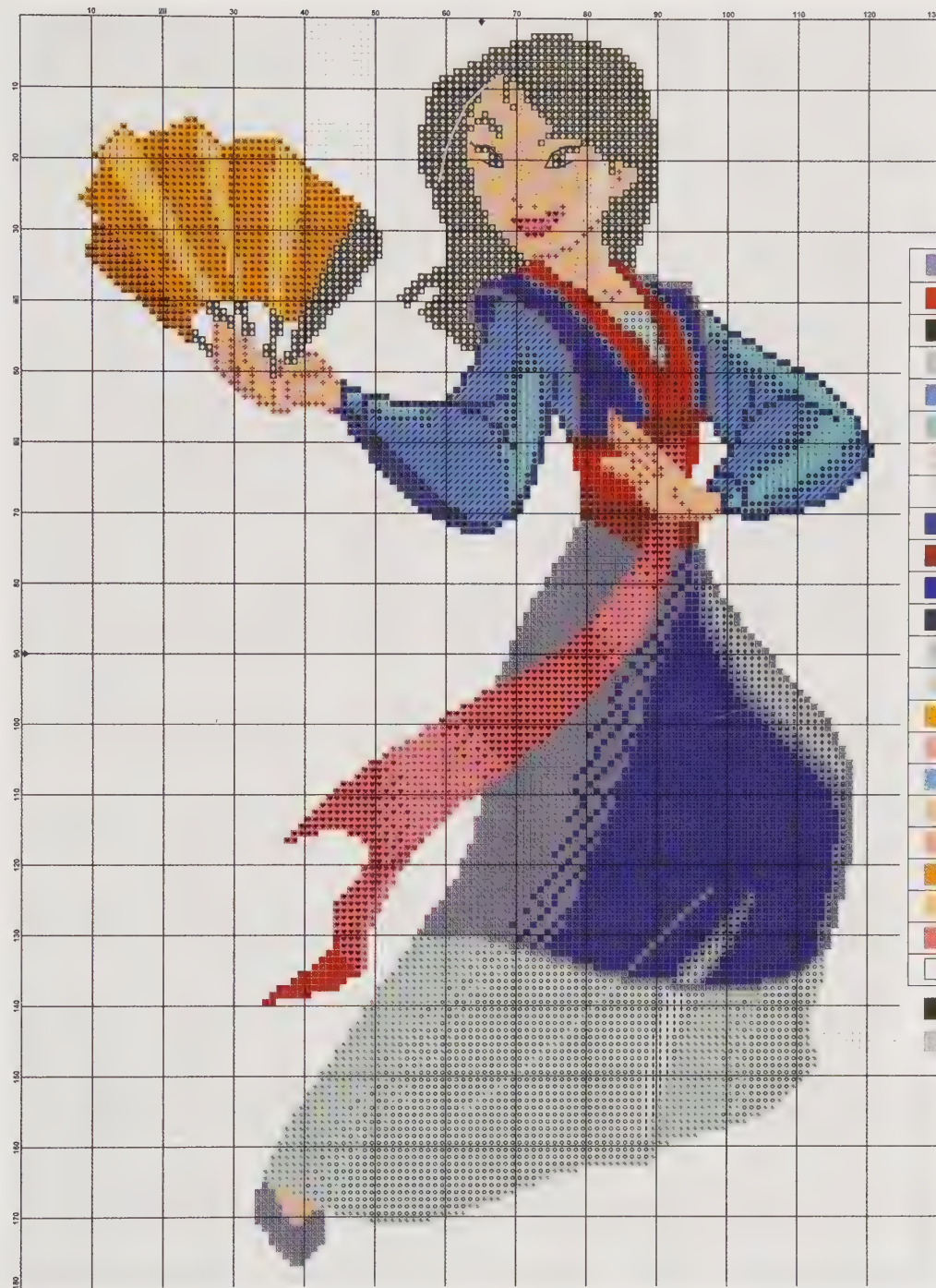
When Mulan and the army enter the gruesome war, she creatively solves seemingly impossible challenges to defend their outnumbered crew. Even after her identity is discovered and she is released from service, Mulan bravely warns Shang and the Emperor that they are in danger. Mulan once again devises a clever plan to defeat the opponent, Shan-Yu, by leading the army and eventually taking on the enemy herself. Mulan saves her country and is given the highest honor by the Emperor.

Unable to accept the life that society says she must conform to, Mulan empowers herself, takes control of her situation, and faces every challenge head on. Mulan's extraordinary capabilities—fearlessness, intelligence, and loyalty—are an incredible inspiration to anyone who may ever doubt her own greatness.









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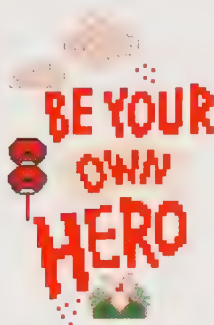


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**"BE YOUR OWN HERO"** is the inspirational theme in *Mulan* that the namesake heroine embodies. Mulan faces many struggles that force her to choose between doing what is expected of her and doing what is right. When she realizes she isn't interested in the traditional path laid out for her, Mulan becomes her own hero by taking control of her own destiny. Rather than sitting idly by and watching her father go to war, Mulan fights back against the unfair rules of society. Mulan proves that she is strong enough to lead an entire army and smart enough to bring her country to victory.







# Pocahontas



**POCAHONTAS IS** free-spirited and always curious about what's around the river bend. She quickly navigates the forests and rivers with agility and a deep understanding of the world around her. She can communicate with an ancient tree, Grandmother Willow, who often gives Pocahontas advice. She tells Pocahontas to listen to the spirits of the Earth that guide her.

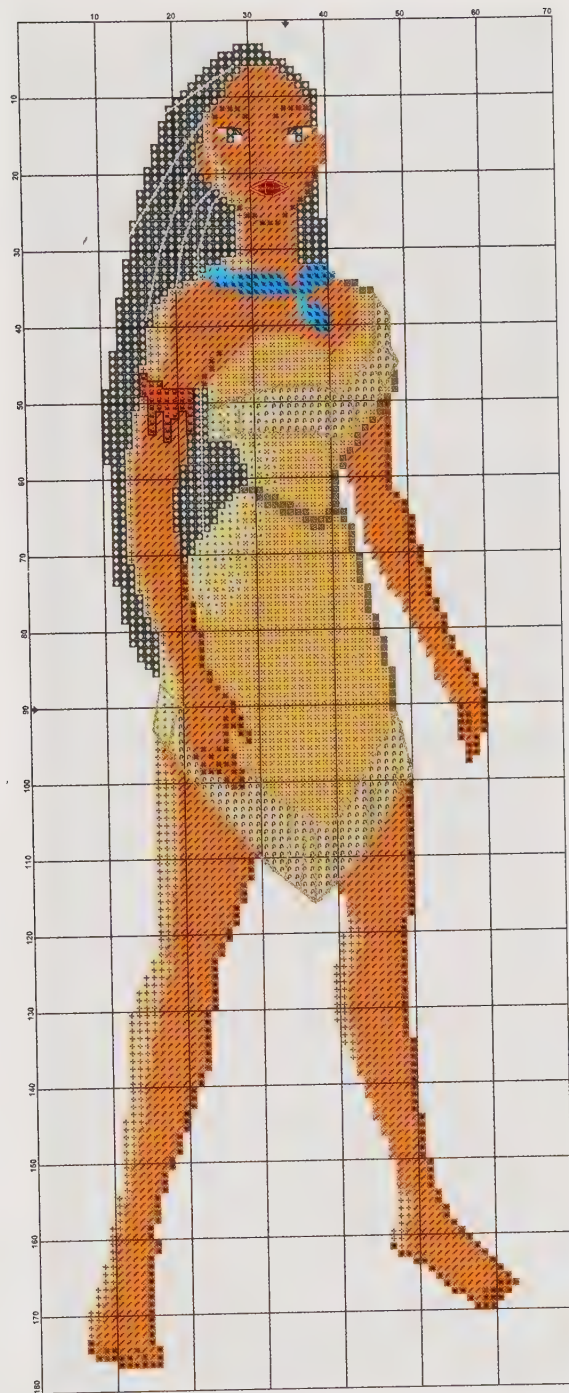
Pocahontas believes that she needs to follow her own path and isn't afraid to tell her father, Powhatan. When he tells Pocahontas that a brave warrior, Kocoum, has asked for her hand in marriage, she knows she needs to listen to her heart and follow another path.

When the Virginia Company arrives at Pocahontas's village, she is curious to discover more about the English settlers' world when she meets John Smith. Pocahontas and John form a deep connection and learn a great deal about one another. Pocahontas teaches John about the wonders of the Earth and why it is so important to protect it.

Despite the deep cultural divides between the Powhatans and the English settlers, Pocahontas bravely listens to her heart and steps in front of John when, after an unfortunate series of events, her father plans to kill him. Pocahontas says to Powhatan that he will have to kill her first. Rather than choosing the path of war, Pocahontas says that she chooses the path of love. Listening to the voice of reason, the English settlers lower their guns and the Powhatans lower their weapons.

However, John is shot when he reciprocates and saves Powhatan from antagonistic Governor Ratcliffe's bullet. He is able to make the journey home, but Pocahontas must choose between leaving her father or going with John. Pocahontas's heart tells her that she is needed at home, but she assures John that they will always be together in spirit.

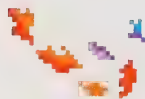




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**"PAINT WITH ALL THE COLORS OF THE WIND"** is the song that Pocahontas sings to John Smith as she opens his eyes to all the wonders of the natural world. John doesn't understand that every rock, tree, and creature has a life and spirit of its own. Pocahontas shows him that just because you come across a piece of land, it doesn't mean that you own it. The Earth belongs to every being that inhabits it, not just to humans. Thanks to Pocahontas, John discovers new things about nature and how to treat living creatures with respect.





# Rapunzel



**BORN** A princess, Rapunzel is given a powerful gift: her long golden hair not only glows when she sings, but it can also heal any ailment. But she is kidnapped as a baby by the evil Mother Gothel, who hides Rapunzel in a tower so she can have Rapunzel's powers all to herself. Throughout Rapunzel's life, Mother Gothel tells her that she is incapable of handling the outside world because it is a dark and evil place.

Despite Rapunzel's imprisoned, sheltered life, she is down-to-earth, loving, creative, and extremely curious about the world. She passes every predictable day by painting intricate murals on the tower walls, reading books, cooking, and playing hide-and-seek with her best chameleon friend, Pascal.

Rapunzel's greatest dream is to see the lights that are raised into the sky every year on her birthday. Ever since she was a little girl, she has watched the event from her window. Though not quite sure what the lights mean, Rapunzel feels that she is connected to them in some way.

On Rapunzel's eighteenth birthday, she is determined to see the lights up close. She finds her opportunity when a stranger, Flynn Rider, climbs up into her tower to escape the palace guards. Rapunzel bravely leaves the tower for the first time in her life and jumps right into the adventures before her.

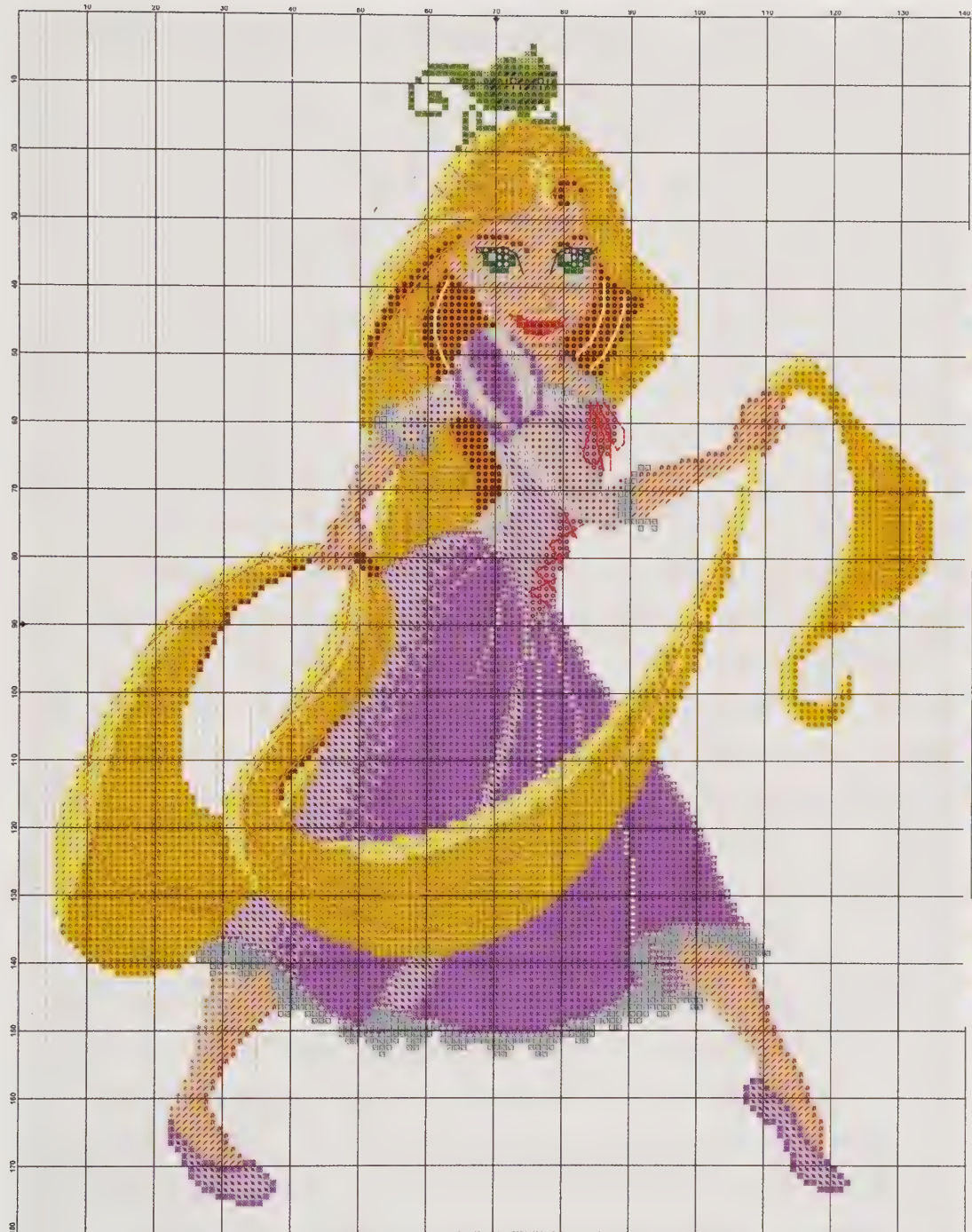
Rapunzel is strong and clever, helping Flynn chase off his enemies. She uses her incredibly long hair to swing across great heights and can wield a frying pan to defend herself. Despite Flynn's deviant background, Rapunzel sees that he is a genuine person, and she is comfortable confiding in him.

Although Mother Gothel tricks Rapunzel into distrusting Flynn and brings her back to the tower, Rapunzel eventually sees through Mother Gothel's deception. No longer allowing Mother Gothel to hold her captive, Rapunzel fights for her freedom with everything she has and defeats Mother Gothel. She is able to return home to her parents with Flynn and finally live the life she's always dreamed of.





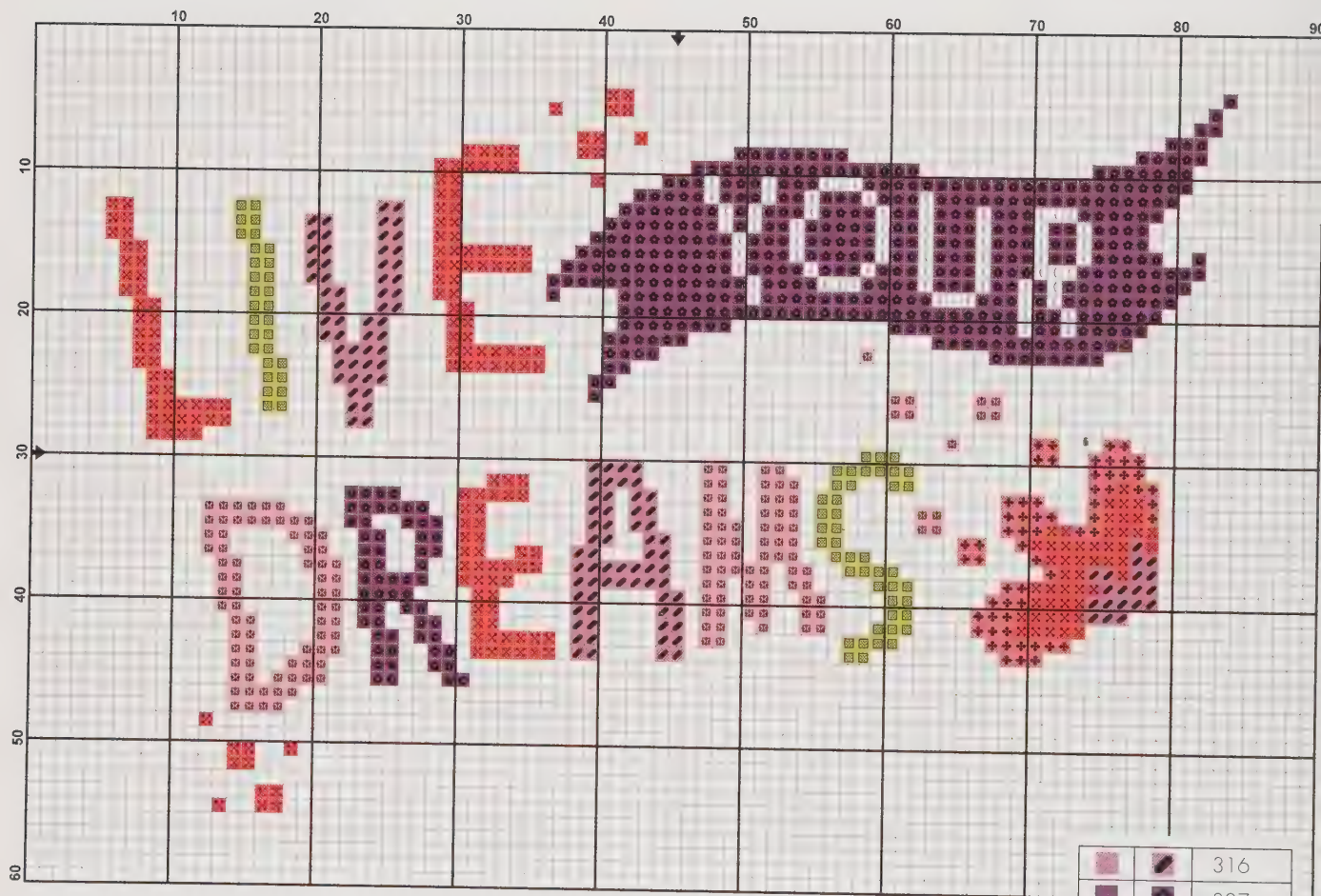




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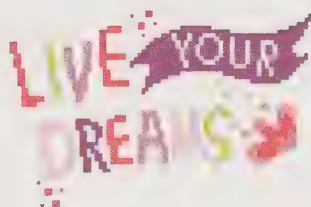




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**"LIVE YOUR DREAMS"** Even though Rapunzel's freedom is taken away, no one is able to take away her creativity and dreams of living outside the tower. Every day, she paints the world that she will one day see. Wondering what is out there where the lights glow in the sky, Rapunzel never gives up on her dreams of making the journey to see the lights up close. When the day finally comes, Rapunzel lives in the moment and is grateful. The grass, flowers, and fresh air are just as good as she ever imagined. Rapunzel's life is just beginning now that her dreams of living fully in the world have come true.







# Snow White



**NOW WHITE**, also known as the “fairest of them all,” has a kind and caring heart. She is a friend to the birds, rabbits, squirrels, and just about every living creature in nature. When Snow White sings, her sweet voice consumes the forest and fills everyone with joy, including a handsome prince who comes walking along one day.

Snow White is forced to flee the castle when she discovers that her stepmother, the queen, is trying to kill her. Jealous of Snow White’s beauty, the queen will do anything to be considered the fairest of them all. But Snow White makes the best out of a life-threatening situation when she befriends seven dwarfs: Bashful, Sneezy, Happy, Doc, Dopey, Sleepy, and Grumpy. Snow White’s cheery demeanor can soften even the hardest souls. Not even Grumpy can resist the kindness and compassion she exudes.

Snow White’s dream is to one day find true love, and she isn’t shy about sharing this passion with others. But the queen eventually uses this fact against Snow White and tricks her into eating a poisoned apple that she says has the power to grant wishes. Believed to be dead by her friends, the dwarfs are so saddened that they are unable to bury her. As everyone mourns their friend, the prince discovers Snow White and kisses her. The spell that was placed upon Snow White is magically lifted, and she comes back to life. Snow White’s dreams finally come true, and she and the prince happily ride off together into the sunset.





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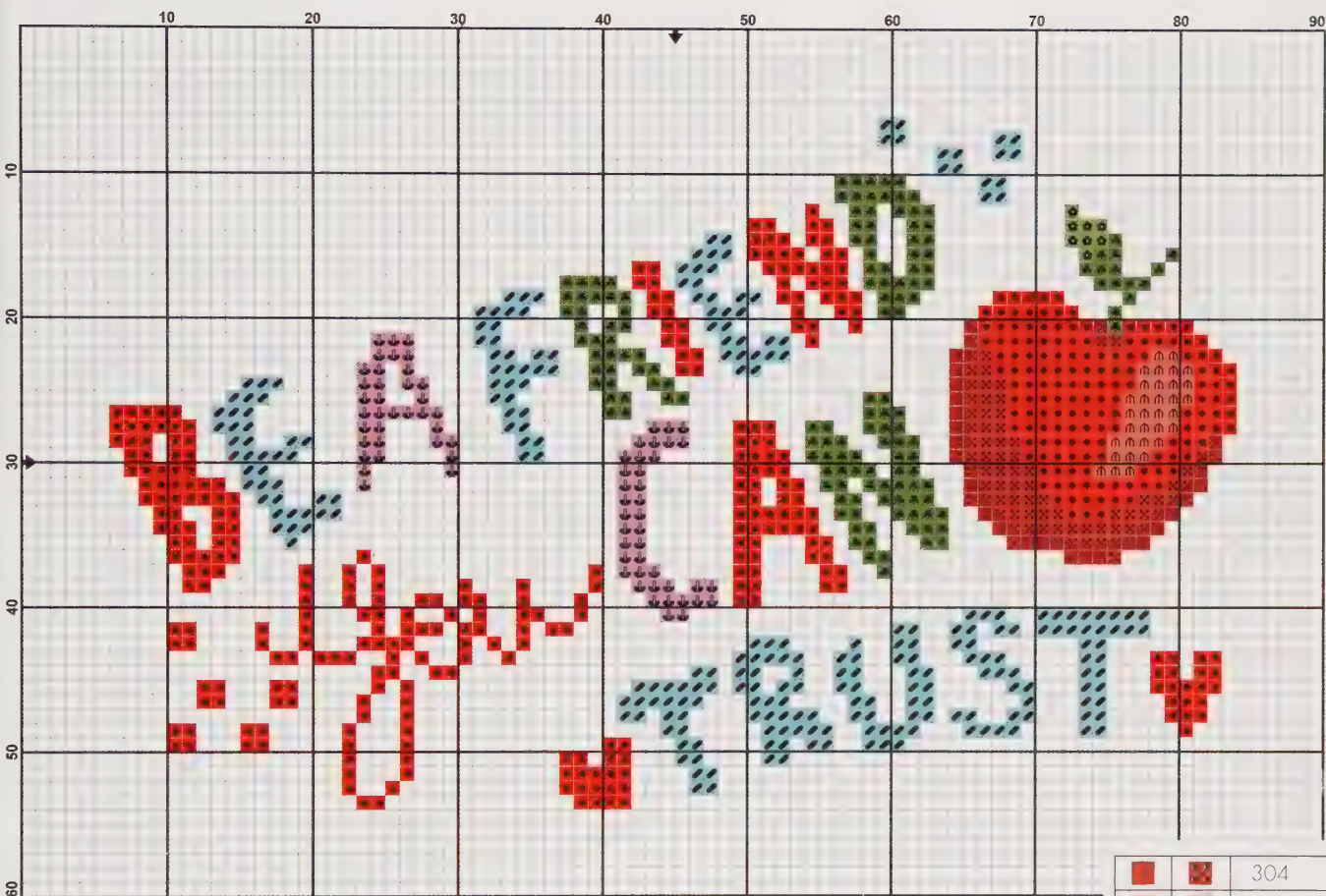
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**"BE A FRIEND YOU CAN TRUST"** Friendships are a constant in Snow White's life. Her caring and lovable personality attracts friends from all walks of life, from her countless woodland companions to the seven dwarfs whom she selflessly takes care of. Even in the hardest of situations, Snow White knows that she can rely on her friends to help her get through the dark and scary times. If it weren't for Snow White's loyal friendships, the evil queen would never have been defeated, and Snow White would never have been lifted from the spell by her true love.





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# Tiana



**TIANA HAS** always had big dreams of one day owning her own restaurant in New Orleans. When she is a little girl, her father teaches Tiana everything he knows about cooking and running a business. He also teaches Tiana that it takes a lot of hard work to turn your dreams into a reality. After Tiana's father passes away, she is determined to make sure that all of his hard work will one day mean something.

Tiana works multiple waitressing jobs to save up to buy a restaurant and doesn't leave any time for fun. She remains optimistic that all of her hard work and penny-saving is getting her closer to where she wants to be. Tiana remains confident that she alone can make her dreams come true and holds her chin up high against the critics and naysayers.

When Tiana brings her cooking talents to a masquerade ball, she receives disappointing news that she has been outbid on the restaurant she is planning to buy. In a moment of desperation, Tiana wishes on the evening star that her fate will turn. To Tiana's surprise, she finds a talking frog who claims to be a prince named Naveen. Tiana reluctantly kisses the frog to help him turn back into a human and unexpectedly turns into a frog herself.

Despite Tiana's fresh set of obstacles, she eventually discovers that love is just as important as hard work. She and Naveen fall in love and decide to sacrifice the chance to become human again just so they can be together. With help from their animal friends and a lot of hard work, Tiana and Naveen are able to turn back into humans and begin their lives together.

Now a princess, Tiana opens the restaurant of her dreams and calls it Tiana's Palace. She and Naveen share their dreams of success together and show that anything is possible with hard work and dedication.









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**"LIGHT THE WAY TO YOUR DREAMS"** Tiana is the epitome of a hard worker. Tiana's father teaches her that you simply can't wish on a star and expect your dreams to come true. The only way to get what you want in this world is by putting in the work. Tiana is not intimidated by the male-dominated restaurant business that she wants to be a part of. Instead, she works tirelessly as a waitress until she eventually owns the restaurant that she and her dad have dreamt of.





## CREDITS

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(continued from front flap)

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